



21st January 2026

RE: Online Safety Workshops

Dear Parents/Guardians,

As part of our ongoing commitment to student wellbeing, our First Year students recently took part in a Gardaí-led talk titled “**Be in Control**”, which focused on online safety, responsible communication, and the importance of making good choices when using group chats and social media platforms.

The session covered key points such as:

- respectful and safe use of messaging apps and group chats
- understanding the impact of online words and actions
- how quickly messages and images can be shared beyond their intended audience
- staying safe, knowing boundaries, and seeking help if something goes wrong
- how and when to report inappropriate behaviours online

We also wish to take this opportunity to draw parents/guardians' attention to some important guidelines to help support students' digital wellbeing at home:

- There is no need for chat groups associated with the school or with individual classes. These groups are not school-sanctioned, and we strongly advise against their creation or use.
- Students can still access social media platforms through web browsers on their devices, even if the app has been removed. For this reason, regular monitoring of online activity remains important.

Lusk Community College

Raheny Lane, Rathmore Road, Lusk, Co. Dublin.



Coláiste Pobail Lusca

Lána Ráth Éanaigh. Bóthar an Rátha Mhóir,
Lusca, Contae Bhaile Atha Cliath.

Phone 01 513 0000
Email adminluskcc@ddletb.ie
Website www.luskcommunitycollege.ie



- The school strongly recommends that devices are not kept in students' bedrooms at night. Keeping technology out of sleep spaces greatly reduces late-night online activity and supports healthier routines.

We encourage you to speak with your student about what they learned during the Gardaí session. Reinforcing these messages at home helps students develop healthy digital habits and strengthens the partnership between school and families in keeping our young people safe.

If you have any questions or concerns, please feel free to contact us.

Yours Sincerely,

Ciara Grant
Deputy Principal