

Ridgewood Medical Centre
Ridgewood Avenue, Swords, Co. Dublin
Dr Lucy Lynam & Dr Sarah King

24 September 2025

Dear Parents and Guardians,

We are pleased to inform you that Ridgewood Medical Centre, in partnership with the HSE, will be offering the Live Attenuated Influenza Vaccine (LAIV) nasal flu vaccine to students at Lusk Community College. This vaccination program is scheduled to take place on-site at the school mid-October About the LAIV Nasal Flu Vaccine

The LAIV nasal flu vaccine is a safe and effective way to protect children against the flu. Administered as a nasal spray, it is both needle-free and painless, making it an ideal option for school-aged children. The vaccine helps to reduce the spread of the flu virus, protecting not only the individual children but also the wider school community and their families. For more detailed information about the LAIV nasal flu vaccine, including its benefits and any potential side effects, please visit the following HSE resource: <https://www2.hse.ie/conditions/flu/childrens-flu-vaccine/>

Consent Form

In order for your child to receive the LAIV nasal flu vaccine, we require your informed consent. Please review the attached consent form, which includes important information about the vaccine. If you wish for your child to participate in this free vaccination program, kindly sign and return the consent form to the school by 1st October 2025.

The school will notify you of the date for the vaccination which will be during normal opening hours in the school premises.

Only children that have the signed consent form on file will be given the vaccination.

Thank you for your cooperation in this important public health initiative. Together, we can help protect our children and the broader community from the flu this season.

Warm regards,



Dr. Sarah King
IMC 271682